KAAS
kõrgus 55mm
laotus
379x399

Try these recipes:

easy & good

1 **Blenday** pad
1 banana
400 ml almond milk

advanced & delicious

1 **Blenday** pad
1 banana
1 handful of spinach
1 tsp of chia seeds
1 small cucumber
1 kiwi
100 ml water

Follow us on Instagram for more recipes and inspiration: @Blendaypads

SUPPORT YOUR IMMUNITY WITH
ROSEHIP, GINGER, CAMU-CAMU & ACEROLA

Blenday

Gut Love

Daily blendable superfood pads

14 PADS

* PATENT * PENDING

Blendaypads
Blendaypads
blendaypads.com

Post your **Blenday** recipes with #myblenday and get featured on our social media

Blenday

ingredients / koostis:

EST: Kibuvitsapulber (40%), arooniapulber (40%), Camu-Camu pulber (10%), Acerola pulber (10%), ingveripulber (5%), mustikapulber, pektiin, glütseriin
ENG: Rosehip powder (40%), aronia powder (40%), camu camu powder (10%), acerola powder (10%), ginger powder (5%), blueberry powder, pectin, glycerin

Best before / Parim enne:

Blenday

Supplement Facts

Serving size: 1 pad (10g) **(USA)**

Amount per serving		% Daily Value*
Calories	31.8	10%
Total Fat	0.09 g	0.1%
Saturated Fat	0.01 g	0.05%
Total Carbohydrate	5.6 g	2%
Total Sugars	2.5 g	‡
Dietary Fiber	3.6 g	13%
Protein	0.35 g	0.7%
Sodium	0 g	0%
Vitamin C	100 mg	100%

*% Daily Values (DV) are based on a 2,000 calorie diet
‡ Daily Value has not been set

Ingredients: Psyllium Powder (60%), Chia Seeds (25%), Aloe Vera Powder (5%), Turmeric Powder (3%), Pectin, Glycerin, Blue Spirulina Powder, Coconut Flour, Activated Carbon

Nutrition facts / Toitumisalane teave

(European Union)

	100g	10 g (1 Pad)
Energy / Energiasisaldus	1332kJ / 318kcal	133.2kJ / 31.8kcal
Fats / Rasvad	0.9 g	0.09 g
- of which saturated / millest küllastunud rasvhapped	0.1g	0.01 g
Carbohydrates / Süsivesikud	56 g	5.6 g
- of which sugars / millest suhkrud	25 g	2.5 g
Fiber / Kiudained	36 g	3.6 g
Protein / Valgud	3.5 g	0.35 g
Salt / Sool	0.04 g	0 g
Vitamin C / Vitamiin C	5120 g (1000%*)	512 g (100%*)

* Percentage of nutrient reference value (% NRV) /
* Protsent päevasest võrdluskogusest täiskasvanutel
Recommended daily intake 10g (1 pad) /
Soovituslik päevane tarbimiskogus: 10g (1 padjake)

Superfoods come in many forms, but **plant-based blendable pillows** are surely the most innovative. Blenday combines **convenience**, **eco-friendliness** and **high-quality superfood**. Mix Blenday into smoothies together with your favourite ingredients to keep your daily vitamin and mineral levels in check.

how to use Blenday

1. Throw 1 pad into your smoothie
2. Blend
3. Enjoy

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